

Total No. of Printed Pages—6

**23/VC/BW**

**2 0 2 3**

**BEAUTY AND WELLNESS**

( Vocational Course )

*Full Marks : 30*

*Time : 1 hour*

*The figures in the margin indicate full marks for the questions*

*General Instructions :*

- (i) The candidates are advised to attempt all Sections A, B, C and D.
- (ii) Sections A, B, C and D have internal choices, so candidates are advised to read the questions paper carefully.
- (iii) Question Nos. **1** to **10** are multiple choice questions, marked as (a), (b), (c) and (d), out of these only one is the correct answer and each question carries 1 mark.
- (iv) Question Nos. **11** to **16** carry 1 mark each.
- (v) Question Nos. **17** to **21** carry 2 marks each.
- (vi) Question Nos. **22** to **26** carry 4 marks each.

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**SECTION—A**

( Marks : 8 )

Choose and write the correct answer (out of **10** choose any **8**) : 1×8=8

1. Hypodermis is also known as
  - (a) fat layer
  - (b) subcutaneous tissue
  - (c) panniculus
  - (d) All of the above
  
2. The skin has been divided into how many layer(s)?
  - (a) One layer
  - (b) Two layers
  - (c) Three layers
  - (d) Four layers
  
3. \_\_\_\_\_ is responsible for goosebumps appearing on the skin in response to cold.
  - (a) Arrector pili smooth muscle
  - (b) Occipitals muscle
  - (c) Frontalis muscle
  - (d) Orbicularis oculi muscle

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4. A good practice is to answer the phone within
- (a) two rings
  - (b) three rings
  - (c) four rings
  - (d) None of the above
5. \_\_\_\_\_ are used for trimming and cutting the hair.
- (a) Blades
  - (b) Depilation cream
  - (c) Laser treatment
  - (d) Electrolysis
6. The skin type which is very sensitive to cold, heat and wind is known as
- (a) dry skin
  - (b) oily skin
  - (c) matured skin
  - (d) allergic and sensitive skin
7. The first-stage of hair growth cycle is
- (a) anagen
  - (b) catagen
  - (c) telogen
  - (d) exogen

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8. pH of normal skin ranges from
- (a) 5.5 to 5.8
  - (b) 6.0 to 6.9
  - (c) 4.2 to 4.9
  - (d) 3.5 to 4.8
9. Communication process where the communicator uses words as medium is known as
- (a) verbal communication
  - (b) non-verbal communication
  - (c) visual communication
  - (d) None of the above
10. Which of the following is an example of oral communication?
- (a) Phone call
  - (b) Newspaper
  - (c) Letter
  - (d) E-mail

**SECTION—B**

( Marks : 4 )

Answer the following questions in *one* word or in *one* sentence each (choose any *four*) : 1×4=4

11. List the function of the skin.
12. What is the job role for beauty and wellness?

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13. Name the three main types of cell present within epidermis.
14. Name the three layers of the hair shaft.
15. What is bleaching?
16. List three tools and equipments required for waxing.

**SECTION—C**

( Marks : 6 )

Answer the following questions in 20–50 words each (choose any *three*) : 2×3=6

17. List the common types of foundation available in the market.
18. How to maintain reception area?
19. State the importance of skin analysis.
20. Differentiate between verbal and non-verbal communication.
21. What is the full form of PPE? Name the tools and equipment used as PPE.

**SECTION—D**

( Marks : 12 )

Answer any *three* of the following descriptive-type questions in 60–100 words each : 4×3=12

22. What is waxing? List some contraindication to waxing treatment.

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- 23.** Explain the skin care technique.
- 24.** What is verbal communication? Explain two types of verbal communication with examples.
- 25.** How can you provide a caring environment to your client?
- 26.** Explain the structures and functions of epidermis, dermis and subcutis.

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